

BREAKFAST

Served from 8am - 11.30am

Small Breakfast

One sausage, one bacon rasher, one egg, one hash brown, beans and toast.

5.25

Large Breakfast

Two sausages, two bacon rashers, two eggs, two hash browns, grilled cherry tomatoes, mushrooms, baked beans and toast.

9.25

Add on:

Bacon +1.75 / Sausage +2.00 / Vegan Sausage +1.75 Mushroom +1.25 / Hash brown +1.25 Baked beans +1.25 / Fried egg +1.25

Small Veg Breakfast (v)

One vegan sausage, one hash brown, one egg, beans and toast. (vegan option available)

4.95

Large Veg Breakfast (v)

Two vegan sausages, two hash browns, two eggs, mushrooms, grilled cherry tomatoes, baked beans and toast. (vegan option available)

8.95

How would you like your eggs? Fried, scrambled or poached.

Make it vegan, swap eggs for hash brown, mushroom or baked beans.

Breakfast Bagel

Smoked crispy bacon, fried egg, crushed avocado and hot sauce in a toasted seeded bagel.

5.95

Vegetarian Breakfast Bagel (v)

Crushed avocado, mushroom, hash brown and American cheese. (vegan option available)

5.95

Smashed Avocado and Poached Eggs on Sourdough (v)

Sourdough toast with crushed avocado and two runny poached eggs, finished with a sprinkle of Tabasco.

7.25

Scrambled Egg on Sourdough (v)

Creamy scrambled eggs on sourdough toast. Add bacon +2.00 / smoked salmon +2.95 / mushroom (v) +1.25 / avocado (v) +1.25

5.25

Toast and Preserve (v)

Two slices of sourdough toast with butter and jams. **2.95**

Cinnamon French toast (v)

Buttery brioche French toast dusted with cinnamon sugar, blueberry compote and vanilla crème fraîche.

7.25

Maple Bacon French toast

Buttery brioche French toast drowned in maple syrup, topped with crispy smoked bacon and maple cream.

7.50

Rhubarb and Vanilla Granola Bowl (v)

Crunchy granola topped with vanilla Greek yoghurt and rhubarb compote, finished with freeze dried raspberries.

5.95

Peach and Blackberry Granola Bowl (v)

Crunchy granola topped with honey Greek yoghurt, fresh blackberries and vanilla syrup peaches.

5.95

Tropical Bowl (v)

Crunchy granola topped with mango, pineapple and passion fruit compote, orange and fresh kiwi with Greek yoghurt, toasted coconut and banana chips.

5.95

LUNCH

Served from 11.30am - 5pm

SANDWICHES

Antenna Club Sandwich

Three-layer toasted sandwich with griddled chicken breast, melted cheddar, peppercorn mayo, lettuce, tomato chutney and crispy smoked bacon.

8.95

Vegetarian Club Sandwich (v) (n)

Three-layer sandwich with crispy halloumi, tomato chutney, spinach, avocado, portobello mushroom and green pesto. (vegan option available)

8.95

Chimichurri Steak Open Sandwich

Pan-seared steak on top of toasted focaccia, roasted red pepper, rocket, and finished with chimichurri sauce and crispy onions.

9.95

All sandwiches come served with tortilla chips and rocket.

BAGELS

New York Deli

Pastrami, salami, Parma Ham, gherkins, tomato, cheddar cheese and lettuce, with American mustard

7.25

Harissa Halloumi Bagel (v)

Roasted harissa marinated halloumi with mango and chilli salsa, rocket and cucumber.

6.95

Smoked Salmon Bagel

Seeded bagel with smoked salmon, cream cheese and dill, rocket, cucumber and capers.

6.95

Smoky Baba Ghanoush Bagel (vg)

Deep smoky baba ghanoush, radish, pickled cucumber, red onion and rocket.

6.25

Add seasoned fries to any bagel for +2.00

SMALL PLATES

Crispy Pork Belly Bites

Slow braised pork belly in golden brown panko breadcrumb with Korean ketchup, pickled shallots and Korean pickled cucumber.

7.95

Buffalo Chicken Wings

Crispy fried chicken wings tossed in Franks buffalo sauce. Served with either ranch or blue cheese dip.

6.95

Patatas Bravas (vg)

Roasted garlic butter potatoes topped with a tomato sauce with a hint of chilli, basil, and garlic aioli.

5.25

Smoky Chipotle Haddock Fish Cakes

Chipotle marinated haddock flaked with local potatoes, spring onion, lime zest and coriander, fried in panko bread crumbs, with a sweetcorn, tomato and caper salsa and lime mayo.

7.25

Chilaquiles (v)

Corn tortillas tossed in salsa Roja topped with stringy mozzarella, Mexican crema, red onion, coriander and charred corn.

4.25

LOADED FRIES

Loaded Pulled Pork Fries

Crispy fries topped with BBQ pulled pork, melted mozzarella, cheddar, spring onion, red chilli and BBQ sauce.

6.55

Spiced Lamb Loaded Fries

Crispy skin-on-fries topped with spiced lamb, tomato, crumbled feta, olives, red onion and mint yoghurt.

7.95

Loaded Sriracha Fries (v)

Crispy fries tossed in honey sriracha sauce, topped with melted mozzarella, roasted red pepper, sriracha mayo and crispy onions.

6.95

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SALADS

Greek Orzo Salad (v)

Orzo pasta tossed with green olives, red onion, garlic and basil, slow-roasted tomatoes, crispy chickpeas, crumbled feta, cucumber and red pepper, with a mint and lemon dressing.

Add spicy lamb for **+3.50**

8.25

Halloumi, Herb and Tomato Salad (v)

Grilled halloumi, roasted tomato, vine tomato, sundried tomato, basil, rocket, red chilli and croutons.

7.95

Caesar Salad

Cos lettuce tossed in Caesar sauce with crispy croutons, parmesan, anchovies and crispy smoked bacon. Add grilled chicken breast for **+2.50**

6.95

Superfood Salad (vg) (n)

Summer fresh salad packed full of goodness.
Frizzy leaves with beetroot, avocado, pomegranate, edamame beans, tomato, charred corn, radish, toasted flaked almonds, and citrus tahini dressing.

8.95

BURGERS

Black Truffle and Brie Burger

Locally sourced British beef smash burgers with creamy melted brie, black truffle mayo, sticky caramelised onions and rocket.

Add smoked bacon for **+1.50**

12.95

Double Cheese Burger

Locally sourced British beef smash burgers with melted American cheese, lettuce, tomato, red onion, gherkin and burger sauce. Add smoked bacon for **+1.50**

10.95

BBQ Chicken Burger

Griddled chicken breast topped with BBQ sauce, smoked bacon and melted cheddar, with crispy onions. Add a hash brown for **+1.50**

10.95

All burgers come in a toasted brioche bun with seasoned skin-on-fries and BBQ dip.

TACOS

Shredded Chicken Tacos

Smoky spiced shredded chicken, sweetcorn, tomato and red pepper salsa, avocado and Mexican crema.

8.95

Spicy Fish Tacos

Smoky chipotle marinated pollock fillet, flaked and topped with lightly pickled red cabbage, spring onion, spicy sriracha sour cream and coriander.

8.95

Chipotle Bean Tacos (vg)

Mixed beans tossed with chipotle sauce, chopped vine tomato, red onion, pineapple, avocado, lime and crispy onions.

8.25

Three soft shell tacos.
Add seasoned fries to any taco for +2.00

SIDES

Seasoned Fries (vg)

2.95

Side Salad (vg)

Salad leaf, tomato, radish, red onion, cucumber and sundried tomato oil dressing.

2.95

Beer Battered Onion Rings (v)

Served with BBQ dip.

3.95

Tortilla Chips and Dips (v)

Crispy fried tortilla chips with tomato salsa, guacamole and Mexican crema.

3.25